

Diabetes Singapore Event & AGM



Date : Saturday April 13th, 2019

Time : 9am to 5pm

Venue : Heartbeat @Bedok, 11 Bedok North Street 1, Level 3, Singapore 469662

- ❖ *As we proceed into the second quarter of 2019, we are holding our annual event open to our members & the public, followed by the members only AGM. We have an exciting line-up of talks and activities, giving members a feel for Diabetes Singapore's comprehensive education programs on Diabetes Prevention, Care & Management.*
- ❖ *Our corporate partners will be present to find out more on your unexplored needs and demands*
- ❖ *Do take up this opportunity to join us for this event!*

To RSVP your attendance, please use the link <https://bit.ly/2EDJt0g> or email us at dss@diabetes.org.sg, with the names of those attending the event
Thank you!

Highlights:

Exciting array of talks & hands-on sessions:

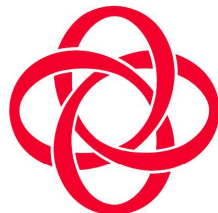
- ✓ Tailoring diabetes care & management by Dr Matthew Tan, Endocrinologist
- ✓ Exercise for Diabetes Prevention & Care by Dr Fadzil Hamzah, Exercise is Medicine Singapore
- ✓ The conscious and the sub-conscious mind by Dr Siva Mahendran, Professional Counsellor
- ✓ Healthy cooking demonstrations by professional culinary instructors
- ✓ On-boarding workout sessions by Sports Singapore
- ✓ Yoga demonstration

Do stay tuned to our exciting range of activities in the rest of 2019!

Registration is free

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