

# High on Appreciation

By Joan Choo



Diabetic Society of Singapore (DSS) held an Appreciation High Tea on 9 January at YWCA Fort Canning Lodge to thank volunteers for their help in events such as Public Forums, World Diabetes Day 2009, among other DSS activities. It was also the perfect opportunity to show our appreciation to our newsletter contributors who have helped write countless articles for Diabetes Singapore.

DSS President Mr Yong Chiang Boon expressed his gratitude to volunteers and participants who have sacrificed their time all these years to help DSS with its cause. He also announced the launch of the Diabetic Society of Singapore Facebook page, a forward-looking move to use technology and social networks to reach out to the Net-savvy across generations. The page will serve as a portal for those who want more information

about diabetes and regular updates about our Public Forums and World Diabetes Day, etc.

After digging into a sumptuous buffet spread comprising local delights, the participants played Bingo and competed to fix a jigsaw puzzle in the shortest time possible.

Among those who turned up for the event was active DSS volunteer Mrs Anne Aswanee, and Mrs Kalpana Bhaskaran who helps out by running cooking demonstrations. A Lucky Draw saw some fortunate winners lugging hampers home. One participant who had a good time was Mr Terence Yeo, from Roche. "The whole event was very well organised and I enjoyed myself thoroughly," he said. We're glad you did!

