

DSS 40th AGM

by **Rodiah Hashim**

Despite the heavy downpour on the afternoon of 16 April 2011, members of the Diabetic Society of Singapore were not deterred from attending their 40th Annual General Meeting.

Held at the activity room of the DSS Centre in Bedok, the meeting kicked off at 3pm with a welcome speech by DSS President, Mr Yong Chiang Boon. Minutes of the previous meeting were confirmed by all members and the financial reports accepted. Issues on membership and programs as well as suggestions by members were addressed by the committee members.

The meeting adjourned for a healthy tea after which members took the chance to interact with the committee members. The rain finally let up at about 4.30pm, ending an extremely fruitful afternoon.



KDF Public Forum

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The Diabetic Society of Singapore was invited to participate in Kidney Foundation's 15th Anniversary Public Forum on Saturday, 19 March 2011 at Suntec Convention Centre. Close to a thousand people discovered ways "Preventing Kidney Failure in Diabetes" and learned of the important connection between kidney diseases and diabetes and its possible complications.

Dr Kevin Tan, Consultant Endocrinologist gave a talk on understanding diabetic medications while other specialists and a dietitian delved into how diabetes is related to kidney failures and the diabetic diet.

At the DSS booths, more than 100 participants had their blood pressure checks done, with invaluable counselling by a cheerful group of volunteers - Ms Meeravathy, Ms Vignasweri and Ms Rebecca Shou from Ngee Ann Polytechnic School of Health Sciences – who were assisted by Ms Angie Lee, DSS' diabetes nurse educator.

