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# IMPORTANCE OF EARLY DETECTION OF PRE-DIABETES CONDITIONS

A focused long-term strategy has now been put in place and is in the process of being implemented.

Our focus for the future will also be the early detection of pre-diabetes conditions to help prevent or delay the onset of diabetes. It is estimated that one in seven Singaporeans aged 18 to 69 does not yet have diabetes but is at risk, a state known as pre-diabetes. Dr Daphne Gardner of the Singapore General Hospital has contributed an educational piece on the importance of diabetes screening. Please read her article on Page 14.

To overcome the shortage in nursing staff, we embarked on a recruitment drive and were successful in getting three new qualified nurses to join us in early 2018. This will help us to oversee the capacity issues faced earlier. With the launch of the Primary Care Networks (PCNs), we are now seeing a significant pick-up in demand for our mobile bus. The recent recruitment of nursing staff has also helped us meet this demand. We are also considering adding one more mobile bus to our operations.

Since Diabetes Singapore (DS) is a small organisation in terms of staff size, any increase in its distribution must be done through collaborations. In this regard, Management is actively working on this with various grassroots organisations to increase the outreach of DS. These include government-sponsored entities and the PCNs.

We are in the midst of upgrading our infrastructure platform to better serve our members and the public. I also sincerely hope our dedicated DS management committee will bring fresh programs and activities to serve you better in 2018. Thank you for all your support, too!

Mr Yong Chiang Boon  
President



On 25 September 1971, Dr Frederick Tan Bock Yam founded the Diabetic Society of Singapore (DSS) to help diabetes patients manage their condition. On 1 January 2018, DSS officially changed its name to Diabetes Singapore.

Diabetes Singapore is (DS) a non-profit organisation affiliated to the International Diabetes Federation and the National Council of Social Service. DS gratefully accepts donations of any amount to help fight diabetes. **All donations are tax-deductible.** Please make **cash donations** in person at any of our centres. **Cheque donations** should be made payable to 'Diabetes Singapore'. You may also make **online donations** via <https://www.giving.sg/diabetic-society-of-singapore>.

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